



Discipleship Training Program

Christianity 101 – Lesson Seven

The Lord's Table

Memory Text

I Corinthians 11:26 *"For as often as ye eat this bread, and drink this cup, ye do show the Lord's death till he come."*

The purpose of this lesson is to give us a look at the Lord's Table and how it is related to local church life. The more you understand the table of the Lord, the more benefit you will receive from it.

Matthew 26:26-29 *"²⁶And as they were eating, Jesus took bread, and blessed it, and brake it, and gave it to the disciples, and said, Take, eat; this is my body. ²⁷And he took the cup, and gave thanks, and gave it to them, saying, Drink ye all of it; ²⁸For this is my blood of the new testament, which is shed for many for the remission of sins. ²⁹But I say unto you, I will not drink henceforth of this fruit of the vine, until that day when I drink it new with you in my Father's kingdom."*

What Are Some Titles Of This Ordinance?

- A. The Lord's **Supper**
 - a. **I Corinthians 11:20** *"When ye come together therefore into one place, this is not to eat the Lord's supper."*
- B. The Lord's **Table**
 - a. **I Corinthians 10:21** *"Ye cannot drink the cup of the Lord, and the cup of devils: ye cannot be partakers of the Lord's table, and of the table of devils."*
- C. The **Communion**
 - a. **I Corinthians 10:16** *"The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?"*
- D. Other designations include "the Eucharist" and "the Sacrament".

Who Instituted The Communion?

- A. The **Lord** instituted this service at the Feast of Passover
 - a. **Matthew 26:17-19** *"¹⁷Now the first day of the feast of unleavened bread the disciples came to Jesus, saying unto him, Where wilt thou that we prepare for thee to eat the passover? ¹⁸And he said, Go into the city to such a man, and say unto him, The Master saith, My time is at hand; I will keep the passover at thy house with my disciples. ¹⁹And the disciples did as Jesus had appointed them; and they made ready the passover."*
 - b. **Mark 14:22-26** *"²²And as they did eat, Jesus took bread, and blessed, and brake it, and gave to them, and said, Take, eat: this is my body. ²³And he took the cup, and when he had given thanks, he gave it to them: and they all drank of it. ²⁴And he said unto them, This is my blood of the new testament, which is shed for many. ²⁵Verily I say unto you, I will drink no*

more of the fruit of the vine, until that day that I drink it new in the kingdom of God. ²⁶And when they had sung an hymn, they went out into the mount of Olives."

- c. **Luke 22:15-20** ¹⁵"And he said unto them, With desire I have desired to eat this passover with you before I suffer: ¹⁶For I say unto you, I will not any more eat thereof, until it be fulfilled in the kingdom of God. ¹⁷And he took the cup, and gave thanks, and said, Take this, and divide it among yourselves: ¹⁸For I say unto you, I will not drink of the fruit of the vine, until the kingdom of God shall come. ¹⁹And he took bread, and gave thanks, and brake it, and gave unto them, saying, This is my body which is given for you: this do in remembrance of me. ²⁰Likewise also the cup after supper, saying, This cup is the new testament in my blood, which is shed for you."

B. The Lord Jesus also gave distinctive revelation to Paul concerning this ordinance.

- a. **I Corinthians 11:23** "For I have received of the Lord that which also I delivered unto you, That the Lord Jesus the same night in which he was betrayed took bread:"

What Are The Symbols Used In The Communion?

A. Table

- a. **I Corinthians 10:21** "Ye cannot drink the cup of the Lord, and the cup of devils: ye cannot be partakers of the Lord's table, and of the table of devils."
b. **Luke 22:30** "That ye may eat and drink at my table in my kingdom, and sit on thrones judging the twelve tribes of Israel."

B. Bread

- a. **I Corinthians 10:16** "The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?"
b. **Luke 22:19** "And he took bread, and gave thanks, and brake it, and gave unto them, saying, This is my body which is given for you: this do in remembrance of me."

C. Wine (the fruit of the vine)

- a. **I Corinthians 10:16** "The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?"
b. **Luke 22:17-20** ¹⁷"And he took the cup, and gave thanks, and said, Take this, and divide it among yourselves: ¹⁸For I say unto you, I will not drink of the fruit of the vine, until the kingdom of God shall come. ¹⁹And he took bread, and gave thanks, and brake it, and gave unto them, saying, This is my body which is given for you: this do in remembrance of me. ²⁰Likewise also the cup after supper, saying, This cup is the new testament in my blood, which is shed for you."

What Is The Significance Of The Symbols?

A. Table: is a place of love and fellowship

- a. **Leviticus 24:5-9** ⁵"And thou shalt take fine flour, and bake twelve cakes thereof: two tenth deals shall be in one cake. ⁶And thou shalt set them in

two rows, six on a row, upon the pure table before the LORD. ⁷And thou shalt put pure frankincense upon each row, that it may be on the bread for a memorial, even an offering made by fire unto the LORD. ⁸Every sabbath he shall set it in order before the LORD continually, being taken from the children of Israel by an everlasting covenant. ⁹And it shall be Aaron's and his sons'; and they shall eat it in the holy place: for it is most holy unto him of the offerings of the LORD made by fire by a perpetual statute."

- b. **Psalms 23:5** "Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over."
- c. **Revelation 3:20** "Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me."

B. Bread:

- a. Representing His **broken** body
 - i. **Matthew 26:26** "And as they were eating, Jesus took bread, and blessed it, and brake it, and gave it to the disciples, and said, Take, eat; this is my body."
- b. Representing the **Church**, the body of Christ
 - i. **I Corinthians 10:16-17** ¹⁶The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ? ¹⁷For we being many are one bread, and one body: for we are all partakers of that one bread."

C. Wine:

- a. Representing His **blood**, which was significant of the New Covenant
 - i. **Matthew 26:28** "For this is my blood of the new testament, which is shed for many for the remission of sins."
 - ii. **I Corinthians 11:25** "After the same manner also he took the cup, when he had supped, saying, This cup is the new testament in my blood: this do ye, as oft as ye drink it, in remembrance of me."

What Are Some Old Testament Types Of The Communion?

- A. **Abraham** received communion
 - a. **Genesis 14:18** "And Melchizedek king of Salem brought forth bread and wine: and he was the priest of the most high God."
- B. The body and blood of the Passover Lamb **pointed** to the table of the Lord
 - a. **Exodus 12**
 - b. **Mark 14:12** "Then said he also to him that bade him, When thou makest a dinner or a supper, call not thy friends, nor thy brethren, neither thy kinsmen, nor thy rich neighbours; lest they also bid thee again, and a recompense be made thee."
- C. The table of shewbread in the **Tabernacle** of Moses
 - a. **Leviticus 24:5-9** ⁵And thou shalt take fine flour, and bake twelve cakes thereof: two tenth deals shall be in one cake. ⁶And thou shalt set them in two rows, six on a row, upon the pure table before the LORD. ⁷And thou shalt put pure frankincense upon each row, that it may be on the bread for a memorial, even an offering made by fire unto the LORD. ⁸Every sabbath he shall set it in order before the LORD continually, being taken from the

children of Israel by an everlasting covenant. ⁹And it shall be Aaron's and his sons'; and they shall eat it in the holy place: for it is most holy unto him of the offerings of the LORD made by fire by a perpetual statute."

- b. **Numbers 28:7** "And the drink offering thereof shall be the fourth part of an hin for the one lamb: in the holy place shalt thou cause the strong wine to be poured unto the LORD for a drink offering."
- c. **Exodus 25:23-30** ²³Thou shalt also make a table of shittim wood: two cubits shall be the length thereof, and a cubit the breadth thereof, and a cubit and a half the height thereof. ²⁴And thou shalt overlay it with pure gold, and make thereto a crown of gold round about. ²⁵And thou shalt make unto it a border of an hand breadth round about, and thou shalt make a golden crown to the border thereof round about. ²⁶And thou shalt make for it four rings of gold, and put the rings in the four corners that are on the four feet thereof. ²⁷Over against the border shall the rings be for places of the staves to bear the table. ²⁸And thou shalt make the staves of shittim wood, and overlay them with gold, that the table may be borne with them. ²⁹And thou shalt make the dishes thereof, and spoons thereof, and covers thereof, and bowls thereof, to cover withal: of pure gold shalt thou make them. ³⁰And thou shalt set upon the table showbread before me alway."

How Should We Approach The Lord's Table?

Examining and Eating

- A. Come to the table with a desire to participate
 - a. **Luke 22:14-15** ¹⁴And when the hour was come, he sat down, and the twelve apostles with him. ¹⁵And he said unto them, With desire I have desired to eat this passover with you before I suffer."
- B. Come in faith believing
 - a. **Hebrews 11:6** "But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him."
 - b. **Romans 14:23** "And he that doubteth is damned if he eat, because he eateth not of faith: for whatsoever is not of faith is sin."
- C. Come remembering (memorial)
 - a. **I Corinthians 11:24-25** ²⁴And when he had given thanks, he brake it, and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me. ²⁵After the same manner also he took the cup, when he had supped, saying, This cup is the new testament in my blood: this do ye, as oft as ye drink it, in remembrance of me."
- D. Come with thanksgiving
 - a. **Luke 22:17** "And he took the cup, and gave thanks, and said, Take this, and divide it among yourselves:"
- E. Come as a Body
 - a. **I Corinthians 10:17** "For we being many are one bread, and one body: for we are all partakers of that one bread."
- F. Come partaking together
 - a. **I Corinthians 11:33** "Wherefore, my brethren, when ye come together to eat, tarry one for another."
 - i. "The bread which we break."
 - ii. "The cup which we bless."

1. **I Corinthians 10:16** *"The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?"*
- iii. Jesus our great high Priest instituted the Table and we as priests partake together.
- iv. Communion is an act of sharing and it is scriptural for believers to break bread and drink the cup with each other.
 1. **Acts 2:46-47** ⁴⁶*And they, continuing daily with one accord in the temple, and breaking bread from house to house, did eat their meat with gladness and singleness of heart, ⁴⁷Praising God, and having favour with all the people. And the Lord added to the church daily such as should be saved."*

What Can We Expect To Receive?

- A. For the **worthy** :
 - a. Healing and health
 - b. Life and quickening
 - i. **John 6:54-57** ⁵⁴*Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day. ⁵⁵For my flesh is meat indeed, and my blood is drink indeed. ⁵⁶He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him. ⁵⁷As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me."*
- B. For the **unworthy** :
 - a. Guilty of the body and blood of the Lord
 - i. **I Corinthians 11:27** *"Wherefore whosoever shall eat this bread, and drink this cup of the Lord, unworthily, shall be guilty of the body and blood of the Lord."*
 - b. Eat and drink judgment
 - i. **I Corinthians 11:29** *"For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body."*
 - c. Weak, sick, and die
 - i. **I Corinthians 11:30** *"For this cause many are weak and sickly among you, and many sleep."*

As we understand this lesson we will be able to properly discern (to have insight into and perceive) the Lord's Table.